

**THE MYSTERY OF THE HOLY TRINITY**

**WE BELIEVE IN ONE GOD, WHO EXISTS IN THREE PERSONS: FATHER, SON, & HOLY SPIRIT. This is one of the basic dogmas of our Holy Orthodox Church. As children, we accept this readily without simplistic yet pure faith. As adults, however, this “3 in 1” concept is often a source of confusion and misunderstanding.**

**St. Cyril, the famous Apostle of the Slavs, attempted to explain the Holy Trinity in this manner: “Do you see in the heavens the sun and how from it light is begotten and warmth proceeds? God the Father is like the sun, without beginning or end. From Him is eternally begotten God the Son, like the light from the sun. Just as there comes warmth together with light from the sun, the Holy Spirit proceeds. Each one is distinguished separately. There are not three suns, but one in the heavens. So it is with the Holy Trinity: There are three Persons, but God is One and indivisible.”**

**The Orthodox Church teaches that all three Persons have the same divine dignity. They are different only in that GOD THE FATHER is not begotten and does not proceed from anyone; GOD THE SON is begotten of God the Father, and the HOLY SPIRIT proceeds from the Father. All eternally abide with one another in unceasing love and make up one Being. Confused? Perhaps the words of Blessed Augustine the great Church Father of the West, are all we need to understand: “You will see the Trinity if you look with the eyes of love.” Yes, we can know the Mystery of the Holy Trinity much better if we use our heart rather than our mind!**