

## **PALM SUNDAY**

### **HAVE NO ANXIETY!**

**The 40 days of Great Lent are over. The agony of re-living Christ's Passion lies ahead. In a sense, then, Palm Sunday weekend may be described as a "time of transition." It is a busy liturgical period, as we commemorate Christ's raising of His friend Lazarus from his four days in the tomb, and as we celebrate our Lord's triumphant entrance into Jerusalem on that first Palm Sunday. Today we receive blessed palms and branches in remembrance of this joyous event.**

**We must not, however, overlook the message that St. Paul places before us in Today's epistle lesson: 'THE LORD IS NEAR! HAVE NO ANXIETY, BUT IN EVERYTHING MAKE YOUR REQUESTS KNOWN TO GOD IN PRAYER AND PETITION WITH THANKSGIVING.' Some may take issue with this great Christian missionary. How can we avoid anxiety in today's world? But St. Paul writes to us with experience this morning. He writes these words from a jail cell, awaiting death! Despite these anxious surroundings, St. Paul; cheerfully instructs us to turn to the Lord in time of trouble, and He will enter our hearts and minds, providing us with inner peace.**

**Today we proclaim Christ to be our King. Next Sunday, we will sing His praises as our Saviour. If this is to be meaningful for us, we must follow St. Paul's advice provided through his letter to the Phillipians. By the nature of our human existence, problems and anxieties will always be with us. We can conquer and control them, however, IF we believe in, and IF we ask for assistance from the One Who conquered EVERY problem and anxiety, including death!**